

Event: E-K Rebels and LLM Loboes will be hosting the Granny Run Cross-Country Meet Saturday, October 3rd.

Location: LaMoure County Memorial Golf Course: 9755 66th St SE, LaMoure ND Go to Grand Rapids, take the Memorial Park road (just East of old school) and head south, at the Y in the road go Left.

Order of events: APPROXIMATE TIMES (MAY BE DELAYED IN THE EVENT OF FROST ON THE COURSE)

11:00 Elementary 1 mile 11:30 JV girls 3K (can include junior high) 12:00 JV boys 3K (can include junior high) 12:30 Varsity Girls 5K 1:00 Varsity Boys 5K

Awards: Medals for top 3 and ribbons 4th-10th finishers of all races

Course Map: Will be available at the meet.



Parking: Country Club Parking Lot on the South Side of the Building.

Water, Ice, and EMS staff will be available at the finish line area.

✤ Fees will be \$65 for girls and \$65 for boys (\$130 for both teams).

For schools with fewer than 7 total runners per gender, the fee will be \$10 per athlete. Make checks payable to LaMoure Public School.

Stickers: Please provide stickers with name, grade and school for each athlete.

Entries: are unlimited in each race.

The LaMoure County Memorial Country Club has allowed us to use the course for the morning, so please be respectful and **stay off all greens, tee boxes and marked areas.**

Concessions: Available in the country club house .

Bathrooms: There will be Spiffy Biffs to the west of the club house. There are also bathrooms in the club house.