

**New Salem-Almont High School
48th Annual
East-West Wrestling Tourney
Itinerary**

Date: Friday January 26, and Saturday January 27, 2024

Time: Friday – 12:00 p.m. Saturday – 9:00 a.m. (central time)

Place: New Salem-Almont High School Gymnasium

Weigh-ins Friday – 10:00 a.m. Central time.
& skin checks: Saturday – 8:00 a.m. Central time.

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|---------------|--------------------------|--------------------------------|-----------------|
| Teams: | Beulah-Hazen | Kenmare/Bowbells/Burke Central | MonDak |
| | Bishop Ryan | Killdeer | Oakes |
| | Bowman County | LaMoure | Rugby |
| | Carrington | Lisbon | Standing Rock |
| | Ellendale/Edgeley/Kulm | Napoleon/Gackle/Streeter | Stanley |
| | Kindred | New Salem-Almont | Velva |
| | Hettinger/Scranton | New Town | Williams County |
| | Hillsboro/Central Valley | Northern Lights | Alexander |

Tourney Director: Michael Pazdernik

Tourney Coordinator: Jerome Slag

Trophies: Championship, 2nd, 3rd, 4th, and 5th place trophies will be awarded.

Individual Awards: Plaques to 1st through 6th place wrestlers.

Wrestling times:

| | | |
|-----------------|--|-------------------------|
| Friday | 1 st Round: Prelims, Quarter Finals, 1 st and 2 nd round wrestle-backs | 12:00 - 9:00 p.m. |
| Saturday | 3 rd Round: Wrestle-backs and Semifinals | 9:00 a.m. 10:00 a.m. |
| | 7 th and 8 th | 11:30 a.m. |
| | Dinner | 12:00 noon |
| | Semi-consolation | 12:30 p.m. |
| | 3 rd and 5 th finals | 2:00 p.m. |
| | Special recognition | 3:30 p.m. |
| | Finals: | 4:00 p.m. |

We will be using wrestle-back bracketing with all wrestlers getting a wrestle-back. Wrestle-backs will be five-minute matches, wrestling to 7th place, cross bracket quarterfinal losers.

Admission: Two Day Pass
\$8.00 Student
\$14.00 Adult

Friday
\$5.00 Student
\$7.00 Adult

Saturday
\$5.00 Student
\$10.00 Adult

Entry Forms: Pre-tourney seeding meeting will take place on Wednesday, January 24 via a ZOOM meeting, from 7:00 p.m.–10:30 p.m. CENTRAL time using the state-seeding criterion. We will be using Track Wrestling for our tournament again this year. Mike will be sending out codes so that you can enter your wrestlers. Please get entered ASAP so that we can begin pre-seeding. Deadline to enter rosters is Tuesday, January 23 at 5:30 p.m. **If there are any injury substitutions, please text to Mike Pazdernik by Friday morning, prior to leaving for the tournament.** This will help speed up the bracketing meeting on Friday, January 26, 2024, at 10:30 a.m. CT.

Entry Fee: \$200 per team. We prefer that you **mail this in advance.**
\$25 per athlete if you have less than 8 athletes.

Meals:

- ◆ Tellmann's Market
- ◆ Sunset Inn Café (off I-94)
- ◆ Cenex of New Salem (off I-94) formerly Cenex U-Serve
- ◆ Rud's Mobil (off I-94)
- ◆ Udderly Caffeinated Coffee Shop and Bakery (main street)
- ◆ MetroPerk – coffee shop and light meals (main street)
- ◆ NSAHS – Fruit, muffins, milk, and lunch will be sold throughout the day by the NSAHS wrestling parents.

The Arrowhead Inn (843-7100) is available for accommodations. Mandan and Bismarck are within 35 miles of New Salem.

Due to the crowded conditions in the gym bleachers, **coolers will not be allowed in the gym** during the tournament.

We're looking forward to a good tournament!! If you have any questions, please feel free to contact me. **REMEMBER: Text in any injury substitutions on Friday, January 26 before you leave so all information can be entered into computer prior to your arrival.** No add-ins or changes will be allowed at the meeting on Wednesday. However, wrestlers can be deleted at the **COACHES MEETING AT 10:30 A.M.** (Central Time), Friday, January 26.

Michael Pazdernik
NSAHS East/West Tournament Director
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