

**HATTON-NORTHWOOD-LARIMORE HIGH SCHOOL**  
**"THUNDER" CROSS COUNTRY MEET**

Dear Coaches and Administrators,

The Thunder XC team will be hosting a cross country meet at the Northwood Golf Course on Thursday, August 26, 2021, beginning at 4:00 PM. There will be four races run in the following order:

4:00	JH/JV Girls	3000 Meters
4:35	JH/JV Boys	3000 Meters
5:00	Varsity Girls	5000 Meters
5:40	Varsity Boys	5000 Meters

*Start Times are Approximate after the first race*

**Athlete's will need to have a sticker with their name and school to be presented at the finish line. Please have your athlete's attach the stickers to the outside of their jersey or shorts. Please remind them NOT to wrap the stickers around their waistband or jersey straps. This makes it difficult for them to be removed.**

**Directions to the course:**

-If you are coming from the east, go west of Northwood to the corner of Hwy 15 and 18. Turn south and you will find the course one mile south on that road. If you are coming from the south, go east of Finley or west of Portland on Hwy 200. Turn at the Golden Lake sign and travel north until you come to the golf course. (approx. 15 miles north of HWY 200.)

-Awards (ribbons) will be presented to the first 25 finishers in the JH/JV divisions. Plaques will be presented to the first 3 finishers in the Varsity divisions and ribbons to the next 22 finishers. The awards will be presented as the runners finish the race.

-Please come dressed to run. There will be bathroom facilities, but no shower or dressing rooms at the course.

-There will NOT be a public water station so please plan accordingly with your team.

-Concessions will be very limited.

-Spikes may be worn. The course is grass; however, there are concrete bridges and a couple of short gravel paths near the river. Please instruct your athletes and fans to stay off of the greens.

-The entry fee will be \$50/team (\$100 for both boys and girls), \$25 per division, or \$10/runner if less than 5 runners. Please make checks payable to Northwood Public School and mail to:

**Sandy Enger at 420 Trojan Rd, Northwood, ND 58267**

**Please respond and send rosters to Coach Terri Soine to confirm your attendance.**

Sincerely,

**Terri Soine, Head Boys & Girls Coach**  
**Hatton-Northwood-Larimore Thunder**  
[tsoine@hattonk12.com](mailto:tsoine@hattonk12.com)

## **PARKING**

Busses may drop athletes off at the clubhouse, but will then need to park on the gravel road edging the North side of the golf course.

We are leaving the parking lot open for spectators to park.

**NO PARKING ALONG THE HIGHWAY!** – This has proven to be too dangerous over the years, so either side of the highway along the course will be roped off again this year for **NO PARKING**.

## **MAPS**

There will be limited maps available at the course, please print your own as needed for your team.

See attached 3k and 5k maps.





