

Coaches ,

Griggs County Central Cougars will be hosting the Titan Invite on Sept.3.

Saturday, September 3rd, 2021 : The Griggs-Midkota Invitational

The meet will begin at 10:30 p.m. at the Cooperstown Country Club. There will be 5 races run in the following order:

<i>Division:</i>	<i>Distance:</i>	<i>Times Approximate:</i>
<i>JH Girls (7 and 8 only)</i>	<i>3000 m</i>	<i>10:30</i>
<i>JH Boys (7 and 8 only)</i>	<i>3000m</i>	<i>10:55</i>
<i>JV Boys / JV Girls</i>	<i>3000 m</i>	<i>11:25</i>
<i>Varsity Girls</i>	<i>5000 m</i>	<i>11:55</i>
<i>Varsity Boys</i>	<i>5000 m</i>	<i>12:25</i>

Awards - Top 20 in JH and JV will receive ribbons.

Top 20 in Varsity will receive medals.

Entry fee: \$25 per division/ \$100 maximum or \$10 per athlete , (payable to Griggs County Central)

Please send a roster to me by Thursday Sept. 1. We will be using numbers at the end of the race instead of stickers.

Rick Anderson
701-789-1669